The HEADS-ED (Under 6 years)

	O No action needed	1 Needs action but not immediate / moderate functional impairment	2 Needs immediate action / severe functional impairment
Home & caregivers Example: What's it like caring for your child? How does your family get along with each other? Is your own physical and/or emotion health getting in the way of caring for your child?	 Supportive/responsive to child's needs / secure attachment 	 Conflicts / difficulty meeting child's needs/attachment concerns 	 Chaotic / dysfunctional /unable to meet child's needs / placement breakdown / severe attachment problems
Eating & sleeping Example: How has your child been sleeping? How has your child been eating?	• No concerns	 Disrupted sleep / moderate eating disturbance (overeats /under eats) 	 Sleep deprived / severe eating disturbance / failure to thrive
Activities & peers Example: How does your child get along with other children? Does your child participate in any activities with other children?	 Age appropriate social skills and engaged in activities 	 Restricted range or interest in social and peer activities /limited social skills, friends 	 Withdrawn or extremely restricted range of activities / unable to function in a social context
Development, speech/language/motor Example: Do you have any concerns with your child's growth, language, eye contact	 Age appropriate development 	 Moderate deficits in one or more areas 	 Severe or profound deficits in one or more areas
Safety Example: Do you have any concerns that your child will hurt him/herself or others? Is your child in physical distress (listless, fever, labored breathing)	o No concerns	 Moderate level of risk/dangerous impulsive behaviour / serious health issues 	 Imminent risk / requires medical intervention / life threatening impulsive behaviour
Emotions, behaviours Example: Is your child difficult to calm or sooth? Is your child aggressive? Is your child overly fearful?	 No concerns or mildly anxious / sad / acting out 	 Moderately anxious / difficult to soothe / aggressive 	 Significantly distressed / unable to function / out of control or aggressive
Discharge or current resources Example: Does your child/you have any help or are you waiting to receive help (e.g, family therapy, speech therapy)	 Ongoing / well connected 	 Some / not meeting needs 	 None / on waitlist / non-compliant